

Take a Short Quiz

NOT SURE IF YOU NEED HELP TAKE THIS SHORT QUIZ

- Would you describe yourself as on edge, nervous, anxious or spend too much time worrying about life?**
- Would you describe yourself as having trouble with sleeping, falling asleep, staying asleep or getting a good nights sleep?**
- Do you have difficulty with concentration?**
- Would you describe yourself as easily annoyed, irritable or frustrated becoming angry with little or no cause?**
- Would you describe yourself as more forgetful then usual?**
- Are you feeling hopeless or helpless much of your time?**
- Do you have negative thoughts or feel too sad?**
- Would you describe yourself as crying for no reason at all?**
- Do you isolate and find you not going out or being with others?**
- Would you describe yourself as a person who has little direction in your life?**
- Do you find yourself having difficulties in your relationships?**
- Has your weight increased or decreased significantly as a result of abnormal appetite?**
- Would you describe your thoughts or speech as racing?**
- Are you impulsive to a point it creates difficulties for you or others?**
- Do you feel the need or has someone suggested that you reduce your drinking or other self medication habits?**

If you answered YES to four (4) or more of these questions, then call our office today and schedule for a comprehensive evaluation, 888-245-3115.

WE CAN HELP PLEASE CONTACT US TODAY FOR AN APPOINTMENT